

Biblical Sexuality Series

Volume Five

Breaking Ungodly Soul Ties

God's Plan for Your Sexual Healing

Dr. Dale H. Conaway

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Chapter 4

Can't Get You Off My Mind

This chapter examines the impact sexual intimacy has upon the mind and emotions. It also explains why past sexual encounters are not easily forgotten.

The mind plays a crucial role in the formation of soul ties. There is much truth to the lyrics of the old R&B classic sung by Percy Sledge: **“When A Man Loves A Woman, He Can’t Keep His Mind On Nothin Else.”** Recent scientific discoveries have provided new information regarding the impact that sex has upon the mind. As it relates to sex, the brain may be divided into three separate parts.⁺ The **1st component** of the “sexual brain” automatically responds to sexual stimuli that enter by way of one of the “Five Doors” (sight, sound, touch, taste and smell) described in Chapter 3. This area of the “sexual brain” houses the urge to satisfy those incoming sexual signals. The **2nd component** of the “sexual brain” contributes to the motor skills needed in sexual arousal. The **3rd component** of the sexual brain appears to be subject to our will. This section is impacted by various chemicals and hormones released during the sex act.

The **3rd component** is responsible for feelings of well being, pleasure and the emotions associated with courtship, attachment and **memory**.

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Sex: A Natural History, Joann E. Rogers, Holt Pub. 2001

The Sexual Mind

The rd3 component of the sexual brain is called the limbic system and is considered by some to be the most important component of the sexual brain. The limbic system appears to be unique to mammals. This is where dopamine, oxytocin, serotonin, opiates and other brain chemicals exert their greatest influence. Feelings of love appear to originate within this area of the brain. The limbic system is also where emotional attachment and memory appear to be linked.

See, Hear, Smell, Touch & Taste No Evil

The linking of memory, feelings of love and emotional attachment in the limbic system is very important. These interconnected channels help to explain why sexual signals that enter the soul (mind) via one or more of the 5 “doors” {eye, ear, nose, mouth and hand} can stir up the memories and emotions of past sexual experiences (see pg.34). These brain interconnections (emotional attachment, love and memory) shed light on why one can:

- smell an ex-lover’s perfume or cologne and have a sudden flashback of a past sexual encounter with that person. The scent of your ex literally remains in your memory.
- see an old yearbook picture of a high school sweetheart and rekindle feelings/emotions experienced years ago. Seeing a high school prom picture can reconnect you with what happened that night back in 1975.
- hear a song and remember the 1st date or kiss. Songs can remind us of who we were with and what took place. A mere song has the power of placing you in a certain place with a certain person. Hearing a song can allow you to emotionally reconnect to past people, places and situations.
- (be) touched in a way that reminds you of a former boyfriend or girlfriend. A touch or kiss can rekindle memories of a romantic encounter.

- **taste** a particular food and be reminded of that romantic candle-light dinner for two at that special restaurant.

All of the above can take place because the limbic system connects our memory and our ability to emotionally attach.

Law of Cleaving (LOC)

We now know that there are areas in the brain where memory and emotions are connected. Furthermore, the areas of the brain where memory and emotions form appear to be linked to the brain's pleasure center (see Addendum A pg.111). The linking of memory and emotions to the pleasure center is an important feature of the **Law of Cleaving (LOC)**

which is found in Gen.2:24.

Gen.2:24

*Therefore shall a man leave his father and his mother, and shall **cleave unto his wife**: and they shall be one flesh.*

The LOC was established to encourage life-long marital commitment. Sexual union, and the pleasure that results from it, influence us to emotionally cleave (join) to our spouse. The memories of sexual intimacy allow a husband and wife to re-live the experience in their minds when separated. This is all made possible by the Law of Cleaving (LOC).

The mere thought of your spouse may invoke intimate memories of how that person smelled when wearing a certain perfume or how that person felt when they touched you. Memories may also be initiated by the sound of that person's voice.

The ability to mentally re-experience a sexual event, though separated physically, was designed to intensify the emotional bond between husband and wife. The divine intent was that sexual intimacy would unite a husband and wife in every dimension of their being, spirit-soul-body.

The LOC helps to explain why a man can see a picture of his wife, smell the perfume she wears or hear her voice and have emotionally charged mental flashbacks of her. Exposure to certain signals received via the “doors” of sight, sound, smell, taste or touch prompts an emotional and spiritual “re-connect.”

The LOC activates memories and emotions that allow a husband and wife to continuously re-connect, even when they are physically separated. In a real sense, the LOC allows a husband and wife to unite, not just physically, but emotionally and spiritually as well.

Law of Yielding & Bondage (LOY&B)

Laws were established to protect us. However, the same laws that were established to protect us, when violated, may be activated to harm us. Every law, when violated or broken has negative consequences. The same is true for the LOC. How do we violate the LOC? By committing sexual sin.

When the LOC is violated, the same biological mechanisms that were intended to bind a husband and wife are activated.

In other words, you still may become emotionally and or psychologically bonded to your sexual partner even though you are not married to each other. If your sexual partner is not in covenant with you through marriage, the **LOY&B** is activated resulting in negative spiritual consequences. Some of those consequences may include; heartbreak, emotional wounds, psychological scars, ungodly soul ties, sexually transmitted diseases and spiritual defilement.

Activating the LOY&B initiates the formation of ungodly soul ties (UGSTs). When this happens, you become connected to ungodly people and or things in ways that are not healthy. I want to re-emphasize, when the **Law of Yielding and Bondage (LOY&B)** is activated, you become connected to people and or habits in ways that are unhealthy. However, you are not afforded the protection offered by the **Law of Cleaving**. Simply stated, you are connected but you are not protected.

Mental Strongholds

UGSTs are the reason you can physically be in bed with Jack, and at the same time have your mind on John. UGSTs are the reason that Jane may have your body, but Jill may have your heart (mind). In this way, UGSTs can debilitate and hinder your life. UGSTs, working through the LOY&B, can emotionally and psychologically bind you to people and sexual encounters of your past.

Sexual sin, through the LOY&B, perverts the LOC. It undermines the godly soul tie through sexual lust and perversion. Multiple sexual partners may potentially attach a man or woman to many sexual partners. This causes personal instability and spiritual defilement. As a result of the LOY&B, the sexual experience is no longer holy, sacred and unique. The LOY&B degrades the sex act and reduces women to mere sex objects to be abused and exploited.

What Happens In Vegas

When sexual sin is committed, ungodly soul ties that form are often difficult to break. (See Sex & The Bible Vol. 3 p.79-83). "Flashbacks" that re-connect us to past events and people can hinder us in many areas of our lives. These flashbacks can be rekindled when a picture (**sight**) of a past lover, the **smell** of her perfume, or **hearing** a song re-activates the memories and emotions you experienced when you were with that person. Mental flashbacks of a former partner occurring when you are intimate with your current spouse may undermine your marriage.

The reality of these kinds of mental and emotional flashbacks is why "**what happens in Vegas.....**"